

# November 2020

## High School Menu

| Monday  | Tuesday  | Wednesday                                     | Thursday   | Friday   |
|---|--|---|--|--|
| 2   | 3  | 4   | 5  | 6  |
| Chicken fajita with all the toppings and refried beans.       | Rotini with meat sauce, asparagus and garlic toast.                          | Chicken patty with bun, fries and yogurt      | Italian dunkers with pizza sauce, green beans and fresh veggies & dip. | Teriyaki chicken with rice, stir fry and slice of bread.   |
| 9   | 10   | 11  | 12   | 13   |
| Chicken and gravy, mashed potatoes, corn and dinner roll      | Sub sandwich with tri tater and California blend.                            | NO SCHOOL                                     | Chicken nuggets with macaroni & cheese and steamed carrots.            | Cheese pizza with lettuce salad and cookie.                |
| 16  | 17   | 18  | 19   | 20   |
| Chicken Alfredo over noodles with steamed peas and breadstick | Cheeseburger with a bun, baked beans, crinkle fries and fresh veggies & dip. | Taco in a bag with all the toppings and corn. | Sweet & sour chicken with noodles and stir fry.                        | Chicken patty with bun, curly fries and three bean medley. |
| 23  | 24   | 25  | 26   | 27   |
| Popcorn chicken with twice baked potato and muffin.           | Footlong on a bun with baked beans and hash brown.                           | NO SCHOOL                                     | NO SCHOOL  | NO SCHOOL  |
| 30  |  |   |  |  |
| Chicken tortilla soup with chips and bean salsa.              |  |   |  |  |

\*All meals are Subject to change

\*All meals are offered the following milk choices: Skim, 1% or chocolate skim milk

\*Meals include vegetables, fresh fruit and canned fruit

\*This institution is an equal opportunity provider

# December 2020

## High School Menu

| Monday  | Tuesday  | Wednesday  | Thursday  | Friday  |
|---|--|--|---|---|
|   | 1  | 2  | 3   | 4   |
|   | Italian dunker with pizza sauce, green beans and yogurt.                 | Tater tot hotdish with coleslaw, steamed carrots and dinner roll.  | Pizza Quesadilla with Spanish rice and lettuce salad. | Country fried steak with mashed potatoes country gravy, peas and bread. |
| 7   | 8  | 9  | 10  | 11  |
| Spaghetti with meat sauce, steamed broccoli and breadstick. | Cheese omelet with sausage patty, tri tater and muffin.                  | Chili crispito with cheese sauce, refried beans and lettuce salad. | Corn dog with pasta salad and green beans.            | Cheese burger on a bun and wedge fries.                                 |
| 14  | 15   | 16   | 17  | 18  |
| Chicken patty with a bun and fries.                         | Scalloped potatoes with ham, peas, bread and ice cream.                  | Orange chicken with noodles and stir fry.                          | BBQ's with a hash brown and baked beans.              | Knoephla soup with a summer sausage sandwich and crackers.              |
| 21  | 22   |  |   |   |
| Bosco sticks with pizza sauce and corn.                     | Chicken nuggets with cheesy potatoes steamed broccoli and choc. pudding. |  |   |   |

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