

Over the past several days, there has been a great deal of information on news outlets and social media regarding the use of face masks - including homemade fabric face masks.

I wanted to share this information from the CDC related to use of face masks during the COVID-19 pandemic. There is a short video included which shows how to make a fabric face mask without needing to sew.

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/cloth-face-cover.html>



## Recommendation Regarding the Use of Cloth Face Coverings | CDC

CDC continues to study the spread and effects of the novel coronavirus across the United States. We now know from recent studies that a significant portion of individuals with coronavirus lack symptoms (“asymptomatic”) and that even those who eventually develop symptoms (“pre-symptomatic”) can transmit the virus to others before showing symptoms.

[www.cdc.gov](http://www.cdc.gov)