

September 2019

High School Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
No School	Chicken Alfredo over noodles with steamed asparagus and garlic toast.	Chili crispito with cheese sauce and refried beans.	Teriyaki chicken with stir fry vegetables, fried rice and bread.	BBQ on a bun with Hash brown.
9	10	11	12	13
Bosco stick with pizza sauce and green beans.	Meatballs with gravy, mashed potatoes, steamed carrots and bread.	Chicken fajita's with all the toppings and corn	Knoephla soup with a summer sausage sandwich.	Cheeseburger on a bun, fries and yogurt.
16	17	18	19	20
Footlong hot dog on a bun with baked beans and pasta salad.	Frito pie with corn chips and green beans.	Pizza with corn and a choc. chip cookie.	Chicken patty with a bun and curly fries.	Spaghetti with meat sauce, steamed broccoli and garlic toast.
23	24	25	26	27
Hot ham and cheese on a bun with fries and sweet potatoes.	Chicken nuggets with twice baked potato, California blend and blueberry muffin.	Taco's with all the toppings and Spanish rice.	Breaded drumstick with mashed potatoes and gravy, peas and bread.	Italian dunkers with pizza sauce and green beans.
30				
Chicken Quesadilla with corn and ice cream bar.				

*All meals are Subject to change.

*All meals are offered the following milk choices: Skim, 1% or chocolate skim milk.

*Meals include fresh vegetable, fresh fruit and canned fruit.

*This institution is an equal opportunity provider.

October 2019

High School Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Tater tot hot dish with coleslaw and dinner roll.	Buffalo chicken crispito with cheese sauce and rice.	Sub sandwich with tri tater and cheesy beans.	Rotini with meat sauce, asparagus and breadstick.
7	8	9	10	11
Chicken patty with a bun and curly fries.	Corn dog with a hash brown and California blend.	Turkey and gravy with mashed potatoes, corn and bread.	Chili with a sweet roll and crackers.	Mr. Rib on a bun with wedge fries.
14	15	16	17	18
Beef stroganoff over noodles with corn and rice krispie.	Orange chicken with noodles, stir fry and bread.	Baked potato bar with steamed broccoli and a breadstick.	No School	No School
21	22	23	24	25
Cheeseburger on a bun with baked beans and crinkle fries.	Country fried steak with gravy, mashed potatoes, peas and bread.	Italian dunkers with pizza sauce and green beans.	Chicken nuggets with cheesy potatoes, steamed carrots and dinner roll.	BBQ on a bun with a tri tater and choc. pudding.
28	29	30	31	
BBQ drumstick with macaroni and cheese, mixed veggies.	Walking taco with toppings and refried beans.	Chicken pasta bake with peas and garlic toast.	Sausage pizza with green beans and a cookie.	

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