

# September, 2018

## Elementary Menu

Monday	Tuesday	Wednesday	Thursday	Friday
9/3	9/4	9/5	9/6	9/7
NO SCHOOL Labor day	Pulled pork with whole grain bun, baked beans, fresh vegetables and fruit	Salisbury Steak with mashed potatoes, mixed vegetables, fruit and a whole grain dinner roll	Popcorn chicken with French fries, salad, corn and fruit	Tater tot hot dish with green beans, fruit, whole grain bread and a cookie
9/10	9/11	9/12	9/13	9/14
Chicken patty with a whole grain bun, curly fries, fresh vegetables and fruit	Taco in a bag with toppings, refried beans, carrots and fruit	Chinese chicken with rice, salad, stir fry vegetables and fruit	Mini pancakes with sausage, tri tater, juice and fruit	Sloppy Joes with a whole grain bun, smile potatoes, fresh vegetables and fruit
9/17	9/18	9/19	9/20	9/21
Corn dog with tater tots, fresh vegetables and fruit	Macaroni hot dish with green beans, salad, fruit and whole grain bread	Pepperoni Pizza with fresh vegetables, peas and fruit	Pride of Dakota Day Chili with cinnamon roll, carrots and celery, fruit and ice cream	Mr. Rib sandwich with French fries carrots and fruit
9/24	9/25	9/26	9/27	9/28
Bosco Pizza sticks with sauce, fresh vegetables, green beans and fruit	Hamburger with a whole grain bun, corn on the cob, fresh vegetables and fruit	Spaghetti with meat sauce, salad, broccoli, fruit and a bread stick	Chicken drumstick with mashed potatoes, carrots, fruit and a whole grain dinner roll	Turkey sandwich with chicken noodle soup, fresh vegetables and fruit

\*All meals are Subject to change

\*All meals are offered the following milk choices: Skim, 1% or chocolate skim milk

\*Water is available

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## Elementary Menu

Monday	Tuesday	Wednesday	Thursday	Friday
10/1	10/2	10/3	10/4	10/5
Chicken nuggets with french fries, broccoli with cheese (optional) and fruit	Sub sandwich with baked beans, fresh vegetables, fruit and chips	Sloppy Joe with a Whole grain bun, tater tots, corn and fruit	Chicken fajita with toppings, spanish rice, green beans, fruit and ice cream	Cheese Pizza with salad, carrots, and fruit
10/8	10/9	10/10	10/11	10/12
Fish sticks with smile potatoes, fresh vegetables, fruit and a cookie	Soft shell taco with toppings, prince and princess bean salad, green beans and fruit	Meatballs in gravy with mashed potatoes, corn, fruit and a WG dinner roll	Chicken Pasta bake with salad, peas, fruit and whole grain bread	Chicken patty with a whole grain bun, French fries, fresh vegetables and fruit
10/15	10/16	10/17	10/18	10/19
Hamburger with a whole grain bun, curly fries, corn on the cob and fruit	Scalloped potatoes and ham with salad, green beans, fruit and pudding	Chicken taquito with 3 bean medley, carrots and fruit	NO SCHOOL	NO SCHOOL
10/22	10/23	10/24	10/25	10/26
Mini pancakes with sausage, tri-tater, juice and fruit	Tater tot hot dish with salad, peas, fruit and whole grain bread	Chicken in gravy with mashed potatoes, soy beans, fruit, whole grain dinner roll and jello	Teriyaki chicken with rice, mixed vegetables, salad, fruit and whole grain garlic toast	Ham sandwich with chicken soup, fresh vegetables and fruit
10/29	10/30	10/31		
Popcorn chicken with macaroni and cheese, broccoli and fruit	Spaghetti with meat sauce, salad, green beans, fruit and a whole grain bread stick	Hot dog with whole grain bun, baked beans, fresh vegetable, fruit and a treat		

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