

September 2018

High School Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
No School	BBQ on a bun and fries.	Country fried steak with mashed potatoes, gravy, peas and bread.	Chicken patty on a bun with curly fries.	Spaghetti with meat sauce, steamed asparagus and garlic toast.
10	11	12	13	14
Beefy nacho with tortilla chips, salsa and refried beans.	Chicken nuggets with cheesy potatoes, and bread.	Hot ham and cheese on a bun, hash brown and sweet potatoes.	Chili, crackers and a sweet roll.	Tater tot hot dish with coleslaw, green beans and dinner roll.
17	18	19	20	21
Mr. Rib on a bun with wedge fries.	Bosco sticks with pizza sauce, corn and choc. pudding.	Foot long on a bun with baked beans and potato salad.	Chili crispito with cheese sauce and rice.	Scalloped potatoes and ham, steamed carrots and dinner roll.
24	25	26	27	28
Knoephla soup with a grilled cheese sandwich and crackers.	Cheeseburger on a bun with fries.	Pizza with corn and a cookie.	Sub sandwich with hash brown and California blend.	Rotini with meat sauce, steamed broccoli and breadstick.

*All meals are Subject to change

*All meals are offered the following milk choices: Skim, 1% or chocolate skim milk

*Meals include fresh vegetable, fresh fruit and canned fruit

*Peanut butter and jelly sandwiches may be purchased daily

October 2018

High School Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Sweet & sour chicken with fried rice and stir fry.	Doritos with taco meat, toppings, corn and bread.	Chicken Alfredo over noodles with steamed peas and garlic toast.	Pulled pork with a bun, wedge fries and yogurt.	Meatballs with gravy, mashed potatoes, steamed carrots and bread.
8	9	10	11	12
Chicken patty with a bun and curly fries.	Chicken Quesadilla with refried beans and blueberry muffin.	Beef noodle soup with a toastie dog and crackers.	Breaded drumstick with macaroni, cheese sauce and mixed veggies.	Frito pie with corn chips and green beans.
15	16	17	18	19
Chicken nuggets with baked potato, asparagus and dinner roll.	Sub sandwich with cold cut meat and cheese. Tri tater and California blend.	Spaghetti with meat sauce, green beans and cheesy breadstick.	No School	No School
22	23	24	25	26
Tortilla soup with chips, crackers and ice cream bar.	Corn dog with a hash brown and cheesy beans.	Hamburger with a bun and slice of cheese. Baked beans and fries.	Chicken pasta bake with peas and a garlic toast.	Sausage pizza with corn and a chocolate chip cookie.
29	30	31		
Beef stroganoff over noodles with steamed broccoli and bread.	Italian dunkers with pizza sauce and green beans.	Burrito with cheese sauce spanish rice and rice krispie bar.		

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