

Kindred Public School District #2

Fitness Center Rules

- Members will not allow anyone other than paid fitness center members into the fitness room.
- Respect other people who are using the fitness center.
- Shirts and shoes are required.
- Kindred School students must be supervised by an adult.
- No food or other drinks allowed.
- Only water bottles that can be capped are allowed in the fitness center.
- Wipe down machines after use.
- Pick up equipment after use.
- Please turn off lights and TV's if you are the last to leave.
- Make sure outside door locks when leaving.

Note: School is closed to use from 12:00 AM to 5:30 AM each day of the week.

Insurance Notice:

It is the responsibility of every individual or their parent/guardian to provide for their own accident and health coverage while participating in fitness room activities. The Kindred School does not provide any accident or health coverage for participants.

NAME: _____

DATE: _____

ADDRESS: _____

PHONE #: _____

SIGNATURE: _____