

December

KINDRED ELEMENTARY

menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1 BBQ chicken sandwich Puzzle fries Fresh vegetables Fruit
4 Chicken nuggets Curly fries Fresh vegetables Fruit	5 Spaghetti/sauce Salad Soybeans Fruit WG garlic toast	6 Chicken fajita Toppings Spanish rice Black bean salsa Corn Fruit	7 Salisbury steak Mashed potatoes Peas Fruit WG dinner roll	8 Hamburger/WG bun Toppings French fries Carrots Fruit
11 Chicken patty/WG bun Sweet potato fries Fresh vegetables Fruit	12 Fish sticks Smile potatoes Corn on the cob Fruit WG bread	13 Sloppy Joe Baked beans Fresh vegetables Fruit	14 Chicken pasta bake Salad Broccoli Fruit WG dinner roll	15 Turkey sandwich Chicken soup Carrots/celery Chips Fruit
18 Hot dog/WG bun Tater tots Fresh vegetables Fruit Cookie	19 Chinese chicken Rice Salad Carrots Fruit WG bread stick	20 Soft shell taco Toppings Refried beans Corn Fruit	21 Meatballs in gravy Mashed potatoes Green beans Fruit WG dinner roll	22 Pizza Fresh vegetables Fruit Ice cream treat

You TOUCAN be healthy for the holidays!

All meals served with choice of Skim, 1 % or chocolate milk .

